



Rev.2022

Field Placement: Agency Fact Sheet

Agency/Address: The Blue Bench
P.O. Box 18951
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Website: www.thebluebench.org

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Contact People: Jacquelyn Aamodt, LCSW
Director of Client Services
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Ana Martinez, LCSW
Clinical Manager/Bilingual Therapist
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General Description of Agency:

The Blue Bench is Colorado's largest sexual assault treatment and prevention center. The Blue Bench sees on average 250 therapy clients per year and answers 3,000 hotline calls annually. As the only sexual assault center in metro-Denver since 1983, The Blue Bench's services are aimed at assisting survivors of sexual assault and educating the public about preventing sexual violence. This internship position is designed to integrate both The Blue Bench's mission and the student's career goals and interests as they pertain to working primarily with issues of trauma and sexual assault.

Services Provided at The Blue Bench: Prevention, education, intake assessments, individual and group therapy, case management services, 24/7 hotline, crisis intervention, support for secondary survivors, self-defense, trauma education and trainings, and a canvass department that raises awareness about sexual assault in the community.

Scope of Placement: Student interns provide clinical and support services within the Client Services Program.

Type of Clients Served: The Client Services Program serves individuals 13 years and older of all gender identities who have experienced sexual assault or abuse. We also provide support services to friends, families, and partners of survivors of sexual assault or abuse.

Internship Program Supervised by: Ana Martinez, LCSW and Jacquelyn Aamodt, LCSW, as well as other staff therapists as needed.

Theoretical Orientation: Trauma-informed care, strength-based, psychodynamic, contemplative, somatic, DBT, CBT, attachment, brain development, systems, relational, Motivational Interviewing and stages of change.

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Number of Internship Placement Opportunities: Six students from various Masters and Doctoral programs.

Duties of Student Interns: sexual assault crisis line; intake and assessment; individual therapy; co-facilitation of sexual assault/abuse groups; co-facilitation of workshop for friends, families and partners of survivors of sexual assault and abuse.

Minimum number of hours/week trainee works: 20

Preferred number of hours/week: 20-24

Possible to work weekends? Not generally

Possible to work evenings? Sometimes

In Person or Virtual? Hybrid, interns are expected to spend about half their time in-person at our Lakewood, CO office – especially for Thursday meetings, but may have a hybrid of in-person and virtual clients.

Are any meetings mandatory: Yes , must be available to meet on Thursdays at 11am and 1pm, in person at our office in Lakewood, CO.

If so, when are they held: 40 hour Hotline training (Conducted over a period of 1 month on 2X/week from 6p-9p and two Saturdays from 9a-5p); weekly individual supervision; weekly group supervision (Thursdays from 1p-2p); bi-weekly Client Service meetings (Thursdays from 11a - 12p). Additionally all interns are required to complete a 35 hour intern orientation/training.

Qualifications Needed by Interns: We accept second or third year master level students, and third or fourth year PsyD students. Previous clinical experience in some capacity is required. Experience with trauma survivors is preferred but not required.

People of color and bilingual persons particularly encouraged to apply. Bilingual students will have the opportunity to work with monolingual, bilingual and English-speaking clients.

Pay: Generally none, but minority students may qualify for paid internships at The Blue Bench through the Colorado Organization for Victim Assistance.

Application Process: Students are required to submit a resume and cover letter to Ana Martinez, at amartinez@thebluebench.org. Resumes are accepted starting January 3rd. This will be followed by an in-person or virtual interview sometime from January through March. Additionally, all students are required to complete a background check.

Dates of Internship: We are currently seeking 9-12 month placements (with a preference for 1-year commitments) with starting dates either in the spring (May/June) or the fall (August). **Sadly, we cannot accommodate students that require start dates outside of those time frames at this time.**

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