# **Contact Us**

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**303-322-7273** 24/7 Crisis Hotline

**303-329-0031** 24/7 Linea en Español para ayuda sobre el abuse sexual

## 303-329-9922

Resource line, English and Spanish Assistance in accessing therapy or case management services.



resourceline@thebluebench.org



P.O. Box 18951 Denver, CO 80218

\* Employees at The Blue Bench are mandated reporters. This means if there is reason to believe that a child, elder or adult with developmental disabilities is being abused, and you have given us enough information to identify (full name, address, school, phone number, etc.) the potential victim or abuser, we might have to report it to authorities. We do this for the protection of children and at-risk adults but want you to be in control of what information you choose to share.

# Due to the specialized services of offering advocacy after a perpetrator has been sentenced at the completion of the criminal legal process, the PCVA program is an exception to The Blue Bench's ability to provide support regardless of whether a survivor chooses to report. If you're seeking services and have chosen not to report or the case did not reach sentencing, please contact our case management program.



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Learn more

about our services

www.thebluebench.org





Metro-Denver's only sexual assault prevention and survivor support center.

Our mission is to eliminate sexual assault and diminish the impact it has on individuals, their loved ones and our community through comprehensive issue advocacy, prevention and care.

# TheBlueBench.org

#### About Us

**The Blue Bench** is here for survivors of sexual assault 13 years of age and older\* of all gender identities, ethnic/racial identities, sexual identities, and religious backgrounds who reside in our 9-county service area. We provide support regardless of whether the survivor reports their assault or where a survivor might be in their healing journey.

## **Our Services**

#### **Crisis Intervention**

**24/7 Sexual Assault Hotline**: We are here to provide support, answer questions, and provide information 24/7, 365 days a year. We use RELAY Colorado for those who are deaf and/or hard of hearing and both English and Spanish assistance.

**Hospital Advocacy:** Advocates are available to accompany you to the hospital if you wish to get a forensic exam after a sexual assault, as well as provide initial support, and help you understand and consider your options and available resources.

### Case Management

Case Managers offer comprehensive aid and support regardless of whether you choose to report. They can support you with the reporting process, compensation applications, protection orders, and address confidentiality, as well as connect you to essential resources for immediate and long-term needs.

Case Managers provide compassionate support and advocate for justice, ensuring survivors' rights are upheld. Their role includes navigating complex legal processes while prioritizing the well-being and dignity of the survivor.

### Secondary Survivor Workshop

The Blue Bench offers English and Spanish workshops for partners, family, and friends (ages 17+) of sexual assault survivors called *Someone I Love/Mi Ser Querido*. We know that those supporting survivors benefit from opportunities to learn more about the impacts of sexual assault, talk with others about how to effectively support their loved ones, and get support themselves.

#### <u>Therapy</u>

Our therapists provide accessible, time-limited, trauma-specific individual therapy, as well as various therapy and support groups. We do not bill insurance. *Time limit is usually six months*.

#### **Post-Conviction Advocacy**

The Post-Conviction Victim Advocates (PCVA) are available to act as a representative and advocate for a survivor's needs after a case has progressed through the criminal legal process and a perpetrator has been sentenced.

PCVA's are available to offer case management and act as a representative for a survivor's needs within the perpetrator's supervision team to ensure the perpetrator's treatment during the sentence remains centered around the impact on the survivor. PCVA's can also help get answers to survivor's questions about the perpetrator's sentence, supervision and/or treatment.<sup>#</sup>

#### **Prevention Education**

The ultimate goal of sexual violence prevention programming is to stop it from occurring, which means we need to address factors contributing to it at every level – individual, relationship, community, and society.

The Blue Bench provides age-appropriate prevention programming to local students to ensure every member of our community feels empowered to intervene in risky or sexually violent situations.

**Safe Bars:** The Safe Bars program offers staff working in alcohol-serving establishments training to recognize and respond to incidents of sexual harassment and assault.

**SHIELD:** Sexual Harassment Intervention, Education, Leadership & Development (SHIELD) offers businesses a comprehensive curriculum that includes understanding sexual harassment and its impact, promoting bystander intervention, establishing effective reporting mechanisms, and implementing supportive policies and procedures.



Learn more about our services 24/7 Sexual Assault Hotline: 303-322-7273 (English) 303-329-0031 (Español)

