



Here's how your voice made a difference last year...

1 | A Letter from the Executive Director



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Dear friends,

At the beginning of each year, I get to delve into the previous year's events and really examine how we've impacted sexual assault awareness, prevention and support in our community. And each year, I am astounded by the outpouring of dedication from each of you. It truly takes a whole community to make a difference, to change the status quo...and you have done that in new ways and in record numbers this year.

Throughout 2016 we explored the role of voices...your voices, our voice, survivor's voices, legislative voices—and how each is instrumental in changing the conversation. Media coverage of sexual violence increased, highlighting not only the ways the criminal justice system was responding, but igniting whole groups of people who spoke out in support of survivors. At The Blue Bench, much of our prevention work focuses on bystander intervention: the idea that everyone has a role to play in preventing sexual violence and that knowing how to effectively intervene makes a difference in the community. To see this in action is encouraging, not just to those of us who do this work, but perhaps more importantly, to survivors. When survivors are believed, when they feel safe and supported in coming forward, we can truly change the way our society thinks and talks about sexual violence. We can change reporting rates, prosecution rates and conviction rates. We get closer to living in a world where sexual violence does not exist. Each year, I believe we *are* getting closer. And I believe that because of you!

In the pages ahead, we celebrate the ways our community has come forward to fight sexual assault. You attended events, you donated time and money, you engaged in thoughtful dialogue and you shared your stories, your hopes and your fears. We've heard your voices this past year, loud and clear, and I ask you today, to please help us keep this forward momentum. Continue to challenge rape culture, continue to believe survivors, continue to raise your voice with us. We sure sound good together, don't we?

Kindly,

Karmen Carter
Executive Director

HEAR US ROAR: A COMMUNITY IN ACTION



The incredible team at Emerge Modern Salon hosted an avant-garde hair show in which all the models took to the runway with signs displaying sexual assault statistics. It was a powerful combination of art and advocacy that introduced many new community members to The Blue Bench.



Popular band Local Natives teamed up with Plus1 to donate \$1 of every concert ticket sold in Denver to The Blue Bench. When celebrities (particularly men) use their fame as a platform to speak out against sexual violence, it helps spread the message that sexual assault is not iust a women's issue.



CorePower Yoga in Stapleton and vogis from all over Denver came out to a "Glowga" event. Participants wore glowing headphones and followed along in an outdoor yoga class. Similar to the way voga has restorative properties, donations went towards helping Denverarea survivors heal.



Hundreds of you attended our Changing the Conversation Luncheon where we participated in an open dialogue with Missoula author Jon Krakauer and former prosecutor Anne Munch about the realities of sexual assault on college campuses.

Left: Anne and Jon on The Blue Bench

Right: Luncheon attendees enjoy the program, emceed by 9NEWS' Chris Vanderveen



The Blue Bench Thing is our fun event with a serious mission. Last year, you came out to Tracks to enjoy drinks, food, a special concert and a silent auction full of cool items. You raised more than \$38,000 to support survivors and provide prevention programming to schools. Amazing! Left: Sean Kelly & Will James of The Samples played a one-night only gig for guests Right: Attendees enjoy music, drinks and conversation

We are so grateful to have a community of supporters who not only come out to support us at our events, but who use their resources and special skills to hold events benefiting The Blue Bench. If you're interested in hosting an event, you can contact our communications manager at omoffett@thebluebench.org

I believe ALL survivors deserve access to resources. -SUPPOPPER VOICE

2016 FINANCIALS*

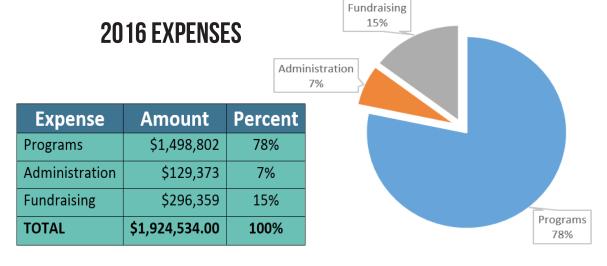
Following a strong fundraising year, The Blue Bench ended 2016 with a net increase of revenue over expenses of \$55,494. The largest gain came through Individual Giving, with a 20% increase.

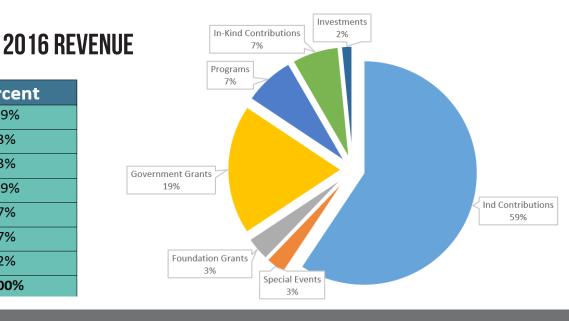
Your partnership and commitment to the long-term sustainability of our organization is important and impactful to the work we do to support survivors and educate the community. Thank you for your continued support and generosity!

*These financials are preliminary numbers based on 2016 audit estimates. Our fully audited numbers will be available on our website as soon as they are ready.

Source	Amount	Percent
Individual Contributions	\$1,173,464	59%
Special Events	\$56,429	3%
Foundation Grants	\$69,010	3%
Government Grants	\$373,037	19%
Programs	\$144,589	7%
In-Kind Contribution	\$132,715	7%
Investments	\$30,784	2%
TOTAL	\$1,980,028.00	100%

I an normal, my emotions are justified and I an NOT damaged goods -survivor voice





A BLUE BENCH ON EVERY CORNER

Among the many reasons a survivor may decide not to report, one of the most common is because they fear they won't be believed.

Survivors will often reach out only once for help and if they are met with doubt and blame, chances are they'll choose to shoulder this enormous trauma alone. With 1 in 4 women and 1 in 17 men in Colorado experiencing sexual violence, it's clear that the way we respond to our survivors is critical.

Sexual assault is the only crime where the victim becomes the accused. How many times have you heard about survivors being shamed for their attire, their level of intoxication or their behavior, rather than placing blame on the perpetrator?

At The Blue Bench, we aim to change this behavior at a community level. We see The Blue Bench as a symbol. A symbol of hope, of belief, of support and of healing. To facilitate this, we've launched The Blue Bench Campaign. You'll begin to see blue benches at locations all around the city, each reminding us to start by believing survivors and to remind survivors that they are not alone.

Empowered survivors are more likely to seek medical attention and/or report the crime; supportive law enforcement can push a case forward; informed community members make informed jurors; an informed jury pool encourages district attorneys to prosecute and more prosecutions lead to more convictions. All of this adds up to greater perpetrator accountability and ongoing support for survivors, both of which are beneficial to ending sexual violence altogether.

I an loved. I an worthy. I an strong enough.



to our supporters!

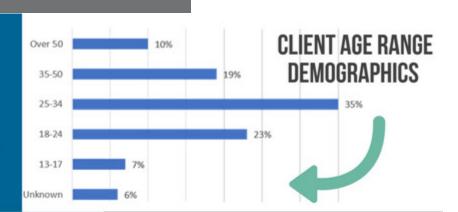
Amy Gaines Anonymous (purchased 20 benches!) Cherry Creek Has Heart Denver Broncos **Denver VALE Board** Dill, Dill, Carr, Stonbraker & Hutchings, PC Karen & Dean Liley Phil Stahel M.D. Randy & Melanie Lindsay-Brisban Tegna Foundation The Alex & MK Fleming Family Trust University of Denver

If you're interested in buying a blue bench or helping us place one of the 20 donated benches at a local school, business, organization, etc., contact Karmen Carter at kcarter@thebluebench.org.



SERVED 3,066 TOTAL CLIENTS

(22% increase in therapy clients since 2015)



CLIENT ETHNIC DEMOGRAPHICS

African American	5%
Asian	1%
Caucasian	53%
Hispanic/Latino	21%
Multiracial	4%
Native American	1%
Other	3%
Unknown	12%

MADE 190 VISITS TO THE HOSPITAL TO ACCOMPANY SURVIVORS



YOUR SUPPORT PROVIDES THESE CLIENT SERVICES TO SURVIVORS

THERAPY

Survivors of assault often feel a daunting mix of shame, depression, anger, and confusion. Our therapists are skilled at helping survivors heal. We offer bilingual, low or no cost services to our clients because we believe cost should never be a barrier to receiving necessary care. When survivors feel they are ready, we offer a variety of group options for people of all gender identities including teen groups, men's groups, women's groups for adult and childhood survivors of sexual assault, art therapy and yoga therapy. We also offer workshops for friends and families of survivors.

CASE MANAGEMENT

Survivors who are thinking about or decide to report their assault are faced with what can be a confusing, stressful and overwhelming criminal justice process. Our case managers help survivors navigate this process from reporting to trial and everything in between including connecting them to resources and accompanying them to appointments. Case managers also help survivors access services they are entitled to such as Crime Victim's Compensation.

24/7 HOTLINE & HOSPITAL RESPONSE

Our trained hotline volunteers provide a comforting voice for callers 24 hours a day, 7 days a week. Whether an assault happened moments or years ago, survivors and loved ones alike can find support and resources on our hotline. It can be a frightening experience to go to the hospital following a sexual assault. To help survivors during this difficult time, our hospital volunteers are available 24/7 to accompany a survivor to the hospital, answer questions and provide support and resources.

SINCE 2014...

489% 142% 116%

INCREASE IN SCIENTIFICALLY SUPPORTED

PROGRAMS PRESENTED

INCREASE IN REACH AT COMMUNITY **EVENTS**

INCREASE IN PREVENTION PROGRAMS

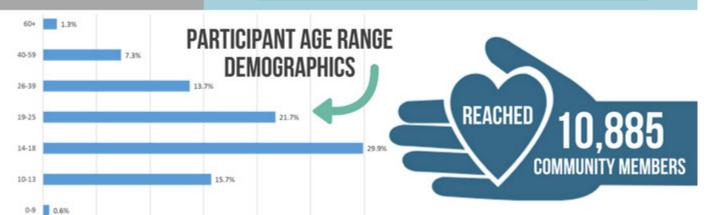
PRESENTED

PARTICIPANT ETHNIC DEMOGRAPHICS

African American	10%
Asian	3%
Caucasian	49%
Hispanic/Latino	20%
Multiracial	4%
Native American	<1%
Unknown	4%

PREVENTION PROGRAMMING

Our scientifically-supported programs are effective because they address prevention at a community level. We use the bystander model to work with schools, detention centers, bars and more. We help participants understand consent, gain confidence to intervene as active bystanders, support survivors and identify and challenge harmful instances of rape culture and victim blaming.



YOUR SUPPORT PROVIDES these community-wide Prevention Progr

KEEPING KIDS/YOUTH SAFE

For parents & youth-serving adults to develop strategies to discuss sexual assault with youth, take steps to prevent sexual abuse & intervene when they recognize warning signs.

SAFETY & EMPOWERMENT SKILLS

Offers a safe space for femaleidentified participants 13+ to learn and practice verbal & physical assertiveness and self-protection skills.

BRINGING IN THE BYSTANDER ®

Engages participants as part of the solution and equips them with knowledge & skills to support survivors and intervene in risky or sexually violent situations.

THE EMPOWER YOUTH PROGRAM

Teen exploitation prevention program empowers youth to recognize dynamics of exploitation, red flags & how to use positive resources on behalf of themselves or others.

SAFE BARS

Bystander intervention training for staff at alcohol-serving establishments to recognize & stop perpetrator behavior and ensure patrons can ask for help.

KNOWLEDGE IS POWER

Includes an introduction to the misconceptions & facts about sexual assault and how to support survivors.

LET'S TALK ABOUT IT

For middle school-aged learners, focuses on healthy relationships, boundaries, consent & skill-building to become active bystanders against sexual violence.

A PART OF THE SOLUTION

For incarcerated individuals to understand the dynamics of sexual assault, resources & reporting options and strategies for creating a safer community.

THANK YOU, DONORS!

The Blue Bench acknowledges those in our community who have raised their voice against sexual violence by donating generously in 2016. You make our work possible. Thank you!

\$10,000+

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\$5,000-\$9,999

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Colorado I Have A Dream

Foundation

MY therapist made me feel powerful and like I was no 1009er a victim. -SURVIVOR VOICE









\$250-\$499 cont.

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Mark Goodwin

Martin P Buhr

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Mary Burger

Mary E Rudden

Mary Quintana

Mary S Kinsey

Mary Zanotti

It showed me how to look for help. And how to they to help someone

when you donate your time and money, you are making a statement. You are telling survivors you believe them. You are teaching your children to reject rape culture. And you are committing to end sexual violence in your community. From the bottom of our hearts, thank you!

- our voice.

\$250-\$499 cont.

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Healing is possible
IT WASN'T J believe your
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24/7 confidential & anonymous hotline

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