

## About The Blue Bench:

The Blue Bench is here for survivors of sexual assault 13 years of age and older\* of all gender identities, ethnic/racial identities, sexual identities, and religious backgrounds who reside in our 9-county service area.

We provide support regardless of whether the survivor reports their assault or where a survivor might be in their healing journey.

All of our services are confidential. We do not share any client information without first receiving explicit, written permission.\* Questions about what confidentiality means and looks like throughout our services can be answered by any of our case managers, navigators, or therapists.



### Contact Us


**303-322-7273**

24/7 Sexual Assault Crisis Hotline/  
*Linea para ayuda sobre el abuse sexual*

**303-329-9922**

Resource line, English and Spanish  
*Assistance in accessing therapy or  
case management services.*

 [resourceline@thebluebench.org](mailto:resourceline@thebluebench.org)

 **P.O. Box 18951**  
**Denver, CO 80218**



[TheBlueBench.org](https://TheBlueBench.org)

Learn more  
about our  
services



\* Employees at The Blue Bench are mandated reporters. This means if there is reason to believe that a child, elder or adult with developmental disabilities is being abused, and you have given us enough information to identify (full name, address, school, phone number, etc.) the potential victim or abuser, we might have to report it to authorities. We do this for the protection of children and at-risk adults but want you to be in control of what information you choose to share.



Metro-Denver's only sexual assault  
prevention and survivor support center.

The Blue Bench is a community of survivors, allies, and advocates working to prevent sexual violence and build a safe and supportive metro Denver.

We work collaboratively to provide accessible, survivor-centered support services and empowering education.

*24/7 Sexual Assault Crisis Hotline /  
Linea para ayuda sobre el abuse sexual:*

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[TheBlueBench.org](https://TheBlueBench.org)



## Our Services:

### Crisis Intervention

**24/7 Sexual Assault Hotline and Online Chat:** The Blue Bench partners with RAINN (Rape, Abuse & Incest National Network) to help facilitate our 24/7 sexual assault crisis hotline and confidential, online chat support in Spanish and English.

We use RELAY Colorado for those who are deaf and/or hard of hearing. Assistance is available in Spanish and English.

- Connect with trained, confidential specialists who can help answer questions and talk through what happened.
- Learn more about resources and referrals for long-term support.
- Connect with confidential, local hospital advocates who can support and accompany you through the process of a forensic exam if you have recently experienced an assault.

**Hospital Advocates** are available to:

- Accompany you to the hospital and provide crisis intervention and emotional support.
- Assure that protocols are being followed.
- Help with safety planning and problem-solving.
- Connect you with follow-up case management and counseling services with The Blue Bench.

**Resource Line:** Resource navigators work with you to identify and meet immediate and short-term needs. We can offer support, information, and connect you to other services or help you find the community resource that's best for you.

### Therapy.

Our therapists provide time-limited, trauma-specific, individual and group therapy services in English and Spanish.

Depending on our capacity, we may have a waitlist. Check our website or call our Resource Line at (303-329-9922) for up-to-date information.

**Secondary survivor workshops** are available in English and Spanish for partners, family, and friends (ages 17+) of sexual assault survivors. *Available for insured and uninsured individuals.*



### Case Management

Case Managers provide compassionate support and advocate for justice, ensuring survivors' rights are upheld and their voices heard. Their role includes navigating complex legal processes while prioritizing the well-being and dignity of the survivor.

- Receive comprehensive aid and support regardless of whether you choose to report.
- Have support in the reporting and criminal legal process, compensation and address confidentiality applications, and protection orders.
- Get answers about the sentence, supervision, and/or offender treatment after your case has progressed through the criminal legal process and the perpetrator has been sentenced.
- Connect with essential resources for immediate and long-term needs.



**Learn more  
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services**

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### Community Education

The Blue Bench's Community Education programs empower community members to help build a safe, respectful community. We take a community-wide approach, partnering with schools, parent groups, youth educators, service providers, alcohol-serving establishments, and more.

- Learn about consent and healthy relationships.
- Challenge harmful myths.
- Support survivor-centered responses.
- Gain confidence to intervene when encountering sexual violence.

**Safe Bars:** Our Safe Bars program offers staff working in alcohol-serving establishments training to recognize and respond to incidents of sexual harassment and assault.

**SHIELD:** Sexual Harassment Intervention, Education, Leadership & Development (SHIELD) offers businesses a comprehensive curriculum, including:

- Understanding sexual harassment and its impact.
- Promoting bystander intervention.
- Establishing effective reporting mechanisms.
- Implementing supportive policies and procedures.